



Grief Centre

Let's talk about
GRIEF

CONFERENCE

17 MAY 2024 | BOOK NOW

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FRIDAY 17 MAY, 8.45AM – 5.30PM | NOVOTEL AUCKLAND, ELLERSLIE

Grief Centre is proud to present

Let's talk about grief 2024

An opportunity for professionals working alongside change, loss and grief, or those in the community with a strong interest to be inspired, challenged, supported and to learn, share and connect.

In talking and learning more about grief, we aim to advance the vision of a grief-literate society in Aotearoa and beyond.



We are delighted to welcome the global resilience expert, award-winning academic, Director of the New Zealand Institute of Wellbeing and Resilience, and author of *Resilient Grieving*, **Dr Lucy Hone** as our keynote speaker. She will present on the science and practice of resilient grieving, facilitate a workshop on strengths-based grieving and sit on our panel discussion moderated by our Patron Judy Bailey.

TICKET PRICES

Early bird \$265 + GST (until 28 March)

Standard ticket \$295 + GST (from 29 March)

WHAT'S INCLUDED?

- ★ Keynote speaker Dr Lucy Hone and all presenters
- ★ Entry to one of three workshops
- ★ Panel discussion moderated by Judy Bailey
- ★ Morning tea, seated lunch, working afternoon tea
- ★ Networking and drinks post-conference

For more information and ticket sales: griefcentre.org.nz/conference

Programme Summary



Welcome

Katrina King, Grief Centre General Manager

Karanga whakatau

A calling of calming energy – Kayla Gordine, Awhina Wellness Founder

Let's talk about grief literacy

Dr Lauren Breen, Professor of Psychology, Curtin University (Recorded presentation)

Coping with loss

The science and practice of resilient grieving – Dr Lucy Hone, Resilience expert & Director of the New Zealand Institute of Resilience and Wellbeing

Let's talk about grief and suicide

Virginia Brooks & Mark Wilson, Mental Health Foundation and Solace

Let's talk about grief from a Pasifika perspective

Sister Cabrini 'Ofa Makasiale, Counsellor, Psychotherapist & Seno Tu'inukuafe, Counsellor

Let's talk about loss and grief experienced by refugees

Julia Sheikh, Counsellor and Co-chair of the International Refugee Advisory Panel

Workshops



Each delegate can attend one of three workshops running concurrently. Rank your order of preference when booking, early ticket purchasers are more likely to get their first choice as numbers are limited. See website for workshop choices.

Panel discussion

We've talked about grief, what do we do now?
With Dr Lucy Hone, Dr Margaret Agee & Gillian Boyes, moderated by our Patron Judy Bailey

Close & networking drinks

Cash bar

Places are limited

REGISTER NOW!

Venue Information



PARKING AND TRANSPORT: Full day parking available at Gate 2 pay and display area for \$7.50 (incl. payment fees). The Novotel has limited parking directly outside for \$20 for the full day. Greenlane train station is a two-minute walk from the Novotel. If travelling by car, enter 84 Ascot Avenue, Remuera into your GPS. Motorway, take exit 433 Greenlane. (Detailed parking instructions on our website.)



ACCOMMODATION: Please contact the Novotel directly to arrange your own accommodation and let them know you are attending the *'Let's talk about grief'* conference for a 15% discount on their best flexible rate.

NOVOTEL
HOTELS & RESORTS



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